

Counseling for Vitamin D, Calcium Intake, and Exercise

*This measure is to be reported for all patients regardless of age with osteoporosis – a minimum of **once** per reporting period.*

Measure description

Percentage of patients, regardless of age, with a diagnosis of osteoporosis who are either receiving both calcium and vitamin D or have been counseled regarding both calcium and vitamin D intake, and exercise at least once within 12 months

What will you need to report for each patient with osteoporosis for this measure?

If you select this measure for reporting, you will report:

- Whether or not the patient either received calcium and vitamin D or you counseled the patient regarding calcium and vitamin D use
AND
- Whether or not you counseled the patient regarding exercise

What if this process or outcome of care is not appropriate for your patient?

There may be times when it is not appropriate to counsel the patient regarding calcium, vitamin D use, and exercise OR for the patient to receive calcium and vitamin D, due to:

- Medical reasons (eg, patient has dementia and is unable to receive counseling)

In these cases, you will need to indicate that the medical reason applies, specify the reason on the worksheet and in the medical chart. The office/billing staff will then report a code with a modifier that represents these valid reasons (also called exclusions).

Osteoporosis

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PQRI Data Collection Sheet

Patient's Name	Practice Medical Record Number (MRN)	Birth Date (mm/dd/yyyy) / /	<input type="checkbox"/> Male <input type="checkbox"/> Female
National Provider Identifier (NPI)		Date of Service	

Clinical Information

Billing Information

Step 1 Is patient eligible for this measure?

	Yes	No	Code Required on Claim Form
Any patient regardless of age.	<input type="checkbox"/>	<input type="checkbox"/>	Verify date of birth on claim form.
Patient has a diagnosis of osteoporosis.	<input type="checkbox"/>	<input type="checkbox"/>	Refer to coding specifications document for list of applicable codes.
There is a CPT E/M Service Code for this visit.	<input type="checkbox"/>	<input type="checkbox"/>	
If No is checked for any of the above, STOP. Do not report a CPT category II code.			

Step 2 Does patient meet or have an acceptable reason for not meeting the measure?

Calcium, Vitamin D Use, and Exercise	Yes	No	Code to be Reported on Line 24D of Paper Claim Form, if Yes (or Service Line 24 of Electronic Claim Form)
Counseled regarding calcium and vitamin D use AND exercise	<input type="checkbox"/>	<input type="checkbox"/>	4019F
Receiving calcium and vitamin D AND counseled regarding exercise	<input type="checkbox"/>	<input type="checkbox"/>	4019F
Not counseled for the following reason: <ul style="list-style-type: none"> Medical (eg, patient has dementia and is unable to receive counseling) 	<input type="checkbox"/>	<input type="checkbox"/>	4019F-1P
Document reason here and in medical chart. _____ _____			If No is checked for all of the above, report 4019F-8P (Receipt of counseling on exercise AND either both calcium and vitamin D use or counseling regarding both calcium and vitamin D use was not documented, reason not otherwise specified.)

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Coding Specifications

Codes required to document patient has osteoporosis and a visit occurred:

An ICD-9 diagnosis code for osteoporosis and a CPT E/M service code are required to identify patients to be included in this measure.

Osteoporosis ICD-9 diagnosis codes

- 733.00, 733.01, 733.02, 733.03, 733.09 (Osteoporosis)

CPT E/M service codes

- 99201, 99202, 99203, 99204, 99205 (office-new patient),
- 99212, 99213, 99214, 99215 (office-established patient),
- 99241, 99242, 99243, 99244, 99245 (outpatient consult),
- 99385, 99386, 99387, 99395, 99396, 99397 (preventive medicine services)
- 99401, 99402, 99403, 99404 (preventive medicine services — individual counseling)

Quality codes for this measure (one of the following for every eligible patient):

CPT II Code descriptors

(Data collection sheet should be used to determine appropriate combination of codes.)

- **CPT II 4019F:** Documentation of receipt of counseling on exercise AND either both calcium and vitamin D use or counseling regarding both calcium and vitamin D use
- **CPT II 4019F-1P:** Documentation of medical reason(s) for patient not receiving both calcium and vitamin D or and not needing counseling regarding both calcium and vitamin D intake, and exercise (eg, patient has dementia and is unable to receive counseling)
- **CPT II 4019F-8P:** Receipt of counseling on exercise AND either both calcium and vitamin D use or counseling regarding both calcium and vitamin D use was not documented, reason not otherwise specified

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